



WELCOME TO OUR

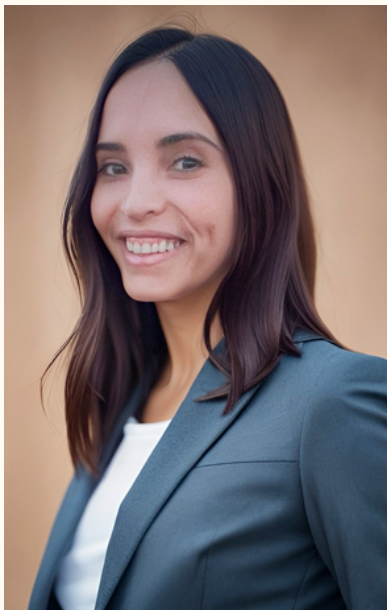
# Monthly Newsletter

*Bienvenidos!*



## LMSA Faculty Spotlight

### MEET DR. ELIMARYS PEREZ-COLON



Dr. Elimarys Perez-Colon, affectionately known as Dr. PC by residents and students, is a double board-certified Internal Medicine and Pediatrics Hospital Medicine physician at TGH. She holds the positions of Associate Professor of Internal Medicine at USF MCOM, USF Med-Peds Residency Associate Program Director (APD), TGH Chief of Internal Medicine, and Co-Chair of the Internal Medicine Diversity, Inclusion, and Community Engagement committee. Originally from Villalba, Puerto Rico, Dr. PC pursued her medical education at the San Juan Bautista School of Medicine in Puerto Rico, followed by residency in USF Internal Medicine-Pediatrics. Dr. PC is deeply passionate about clinical education, using her role as an APD to enhance learner education and patient care. She actively engages in global health and health disparity work, volunteering at free clinics, leading disaster relief projects, and participating in medical trips to various countries. Diversity, Equity, and Inclusion (DEI) are central to Dr. PC's mission, as she serves on multiple DEI committees at USF, focusing on recruitment, inclusion initiatives, curriculum, community efforts, and mentoring pipelines. Beyond her medical pursuits, Dr. PC enjoys traveling, photography, cooking, event planning, hiking, interior design, Latin dancing, and creative expression through Instagram. Working with LMSA, Dr. PC looks forward to mentoring like-minded students, working to increase representation in medicine, and spearheading projects to address health disparities in communities. Her advice to medical students: Be proud and recognize your power. As part of the 6% of practicing physicians identifying as Hispanic/Latin in the United States, you play a vital role in addressing disparities. Use your voice and expertise to educate, advocate, and inspire; people listen to physicians, and you can make a significant impact.

## Faculty Mentors

Find out more about the faculty supporting LMSA @ MCOM. On our Teams page, students can refer to our current list of Latino faculty willing to support them in the areas of shadowing, research, and career advising. **We are looking to add to this growing list to include specialties that are not yet represented**, such as Anesthesiology, Emergency Medicine, Surgery and surgical sub-specialties, Sports Medicine, Ophthalmology, and more. If any of you have contacts in any of these fields that LMSA students could contact to add to our faculty mentor list, please email their name and email to [gpinerorespo@usf.edu](mailto:gpinerorespo@usf.edu).

Coming next semester we will start a **new program for our students to match them with a faculty mentor in the specialty of their choice** to receive mentoring in the areas of shadowing, research, and/or career advising. For students, we ask that you fill out the following google form so we can get an idea of what specialty you are interested in and what areas you would like to receive mentorship  
<https://forms.gle/YTUmEqznakinPHLdA>.

For faculty, we ask that you be open to mentoring students, or if you are unable to, refer them to a colleague that they could reach out to instead.

FIND OUT MORE

# Happy Holidays!

from the Latino Medical Student Association

## LMSA Faculty Panel & Potluck



**Thank you to the faculty and students that attended our first Faculty Panel & Potluck!**

We enjoyed homemade food and an insightful discussion on the potential obstacles and advantages of being a Latino physician. We thank our faculty for continuing to inspire us to bridge the health disparity gap for Latino patients. We hope to revisit important topics to Latinos in medicine at our future Faculty Panel & Potlucks in upcoming semesters.

## LMSA Southeast Conference

The 15th Annual LMSA Southeast Regional Conference, themed Estetoscopio Latino, Corazón que Escucha, will take place in Charleston, South Carolina on February 23-24, 2024. This is a great opportunity for students to present research, network with other LMSA members, and listen to motivating speakers. We encourage you to explore available opportunities on the LMSA national website <https://national.lmsa.net/>, and follow them on Instagram @lmsanational, as well as the Southeast regional board @lmsa\_southeast. Tickets are now \$85. We are looking into group travel funds. Abstract deadline is 12/16,

<https://docs.google.com/forms/d/e/1FAIpQLScAF6Wms7veMUhlwYWDORDgrke1tCuJ2NwunwOF0lco7hhw-g/viewform>



[FIND OUT MORE](#)

[TICKETS](#)



## Easy "Recetas"

**Added This Month:** Spanish Donuts and Pan de Mallorca.

[CLICK FOR FULL RECIPES](#)



## Volunteering

At LMSA we are all about giving back! Click below to find the latest opportunities.

[FIND OUT MORE](#)



## Upcoming Events

**Coming Soon:** Centro Asturiano Tour date TBD.

[NEW EVENTS](#)

# Contact Our E-Board

**President: Gabriela Pinero-Crespo**  
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**PR Chair: Amberlyn Colina**  
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# We Did It!

## DONATIONS AND CONTRIBUTIONS

We are pleased to announce that LMSA @ MCOM has received interim funding from student government for the remainder of this academic year. We thank everyone that has supported our chapter with their generous donations. We are no longer asking for donations for future events, but if you wish to learn more about supporting our chapter you can do so by clicking the following link.

[DONATION INFORMATION](#)

## Join Our "Grupito"

Click the links below to join LMSA at the University of South Florida Morsani College of Medicine. We are so excited for you to join us!

### STUDENTS

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