

WELCOME TO OUR
Monthly Newsletter
Bienvenidos!

LMSA Faculty Spotlight

MEET DR. KARLA MORA RODRIGUEZ



Dr. Karla Mora Rodriguez is a third year Neurology Resident at the University of South Florida. She is part of the USF Patient Safety Council Committee at Tampa General Hospital. She completed her medical degree, as well as her first neurology residency at the University of Costa Rica, in her home country. Subsequently, she completed an International Fellowship in Clinical Neurophysiology and Epilepsy at Medical University of South Carolina in Charleston. She is now completing an ACGME accredited neurology training and wishes to practice epilepsy thereafter. Aside from her activities related to patient care, she is interested in academics and clinical research. She has contributed to various research projects, poster presentations and scholarly activities throughout her career. These include clinical trials (CREAD 1-2), presentations in the American Epilepsy Society, American Academy of Neurology and American Clinical Neurophysiology Society, and individual projects that culminated in manuscripts such as "Managing Antiepileptic Medication in Dialysis Patients" and "Quality Improvement Study in Epilepsy Patients Treated with Epidiolex". Additionally, she was selected for participation in the House Staff Emerging Academy of Leaders (HEAL) for Underrepresented Groups Program for the commitment to academic medicine, leadership development and professional development at UTSW from 2021-2022. She wishes to continue to represent the Latino community professionally as a physician and educator, and to improve the quality of medical care for people of these underrepresented minorities. "It is not how much you work, but how passionate you are about what you do. The desire to be better for your patients, as well as compassion and empathy are qualities that can set you apart from others. I believe these virtues will make you exceptional as a physician and as a human being."

Faculty Mentors

Find out more about the faculty supporting LMSA @ MCOM. On our Teams page, students can refer to our current list of Latino faculty willing to support them in the areas of shadowing, research, and career advising. **We are always looking to add to this growing list to include specialties that are not yet represented.** If any of you have contacts in any field that LMSA students could contact to add to our faculty mentor list, please email their name and email to gpinerocrespo@usf.edu.

Coming this semester we are starting a **new program for our students to match them with a faculty mentor in the specialty of their choice** to receive mentoring in the areas of shadowing, research, and/or career advising. For students, we ask that you fill out the following google form so we can get an idea of what specialty you are interested in and what areas you would like to receive mentorship
<https://forms.gle/YTUmEqznakinPHLdA>.

For faculty, we ask that you be open to mentoring students, or if you are unable to, refer them to a colleague that they could reach out to instead.

FIND OUT MORE

LMSA on Holiday

WHAT WERE OUR MEMBERS UP TO THIS WINTER?



JOSE MALAVET, MS3 &
GABRIELA PINERO-CRESPO, MS2



GABRIELLA BLANCO, MS2



AMBERLYN COLINA, MS2

Gabriela Pinero-Crespo (MS2) and Jose Malavet (MS3): traveled to Puerto Rico to spend the holidays there with their families.

Julyssa Renteria (MS1): went home to Los Angeles to spend time with family and friends, cook Mexican and Puerto Rican food, and go skiing in Big Bear!

Gabriella Blanco (MS2): traveled to Spain with her now fiancé!

Amberlyn Colina (MS2): got married to her high school sweetheart, Jose, back home in Miami, FL!

LMSA SALUD Policy Summit

LMSA Nationals is proud to present the 2nd Annual LMSA SALUD Summit, hosted by the Johns Hopkins University School of Medicine in Washington, D.C. from April 26-29, 2024. This weekend is set to amplify diverse voices under the theme "Con Valor Por un Futuro Mejor" (With Courage For a Better Future). SALUD aims to unite students to respond to the most recent policy changes that impact our communities and patients. For many of us, these developments have sparked fear, unease, and a desire to learn what we can do next to contribute to equity and improved health outcomes. Attending the SALUD Summit will provide students with hands-on training that facilitates their contributions to effective change at political, academic, institutional, and personal levels.

Early bird tickets and the SALUD 2024 website launch on January 15th. Join us for a vibrant weekend featuring keynote speakers, workshops, networking opportunities, a visit to Capitol Hill, and a research symposium. For resolution and abstract submission details, check out national.lmsa.net or their Instagram [@lmsanational](https://www.instagram.com/lmsanational).



LMSA Southeast Conference

Our chapter is proudly sending a group of 6 students to the 15th Annual LMSA Southeast Regional Conference, themed Estetoscopio Latino, Corazón que Escucha, will take place in Charleston, South Carolina on February 23-24, 2024. This will be a great opportunity for students to present research, network with other LMSA members, and listen to motivating speakers. We encourage you to explore available opportunities on the LMSA national website <https://national.lmsa.net/>, and follow them on Instagram [@lmsanational](https://www.instagram.com/lmsanational), as well as the Southeast regional board [@lmsa_southeast](https://www.instagram.com/lmsa_southeast).



[FIND OUT MORE](#)

[TICKETS](#)



Easy "Recetas"

Added This Month: Batido de Mamey and Mofongo

[CLICK FOR FULL RECIPES](#)



Volunteering

At LMSA we are all about giving back! Click below to find the latest opportunities.

[FIND OUT MORE](#)



Upcoming Events

Coming Soon: Centro Asturiano Tour
date TBD.

[NEW EVENTS](#)

Contact Our E-Board

President: Gabriela Pinero-Crespo
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Secretary: Marilyn Torres
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Treasurer: Sophia Estrada
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PR Chair: Amberlyn Colina
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We Did It!

DONATIONS AND CONTRIBUTIONS

We are pleased to announce that LMSA @ MCOM has received interim funding from student government for the remainder of this academic year. We thank everyone that has supported our chapter with their generous donations. We are no longer asking for donations for future events, but if you wish to learn more about supporting our chapter you can do so by clicking the following link.

[DONATION INFORMATION](#)

Join Our "Grupito"

Click the links below to join LMSA at the University of South Florida Morsani College of Medicine. We are so excited for you to join us!

STUDENTS

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