

WELCOME TO OUR
Monthly Newsletter
Bienvenidos!

LMSA Faculty Spotlight

MEET DR. JUAN ENCISO



Dr. Juan Enciso is currently serving as a PGY-4 Chief Resident in the Department of Internal Medicine. He holds the position of Chief Resident of Quality Improvement and Patient Safety at the James A. Haley Veterans Affairs Hospital. Dr. Enciso completed his internal medicine training at the University of South Florida Morsani College of Medicine and earned his medical degree from the Lake Erie College of Osteopathic Medicine. His dedication to medical student and resident education extends beyond clinical practice, as he actively participates in clinical research projects focused on cardiovascular disease subspecialty and leads numerous quality improvement and patient safety initiatives aimed at enhancing medical care and optimizing services for our Veteran population. Beyond his clinician roles, Dr. Enciso is a committed member of the Diversity, Inclusion, and Community Engagement (DICE) committee, advocating for diversity in medical education. He eagerly seeks connections with fellow LMSA faculty and students to further the mission of fostering ongoing diversity and inclusivity within medical training. He is enthusiastic about mentoring the next generation of medical students, guiding them to become servant-leaders within their communities and champions for improving medical care. "The servant leader is a servant first... it begins with the natural feeling that one wants to serve, to serve first. Then conscious choice brings one to aspire to lead."

Faculty Mentors

Find out more about the faculty supporting LMSA @ MCOM. On our Teams page, students can refer to our current list of Latino faculty willing to support them in the areas of shadowing, research, and career advising.

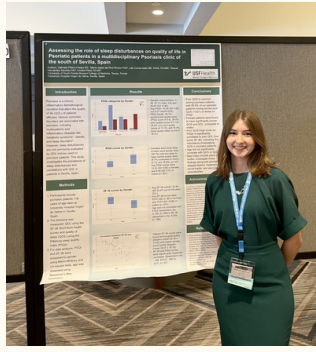
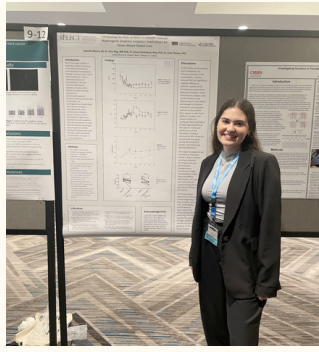
[FIND OUT MORE](#)

Faculty-Student Mixer

Thank you to everyone who came out to the Faculty/Student Mixer event! At this event, students and faculty gathered to get to know each other and enjoy Hispanic food and music. We hope to continue cultivating this supportive community of Latino faculty and students at all of our future events!



2023 LMSA National Conference in Atlanta, GA



OUR CHAPTER PRESIDENT, **GABRIELA PINERO-CRESPO**, AND VICE PRESIDENT, **GABRIELLA BLANCO**, TRAVELLED TO ATLANTA FOR THE LMSA NATIONAL CONFERENCE! THE THEME FOR THIS CONFERENCE WAS SALUD Y JUSTICIA: FIGHTING FOR SAFETY, EQUITY, AND HUMAN RIGHTS. THERE THEY PRESENTED POSTERS ON THEIR SUMMER RESEARCH, NETWORKED WITH OTHER LMSA MEDICAL STUDENTS AND PHYSICIANS FROM ACROSS THE COUNTRY, AND HEARD MOTIVATING SPEAKERS' CALLS TO ACTION IN SUPPORT OF LATINO STUDENTS, PHYSICIANS, AND PATIENTS EVERYWHERE. HERE ARE SOME KEY TAKEAWAYS FROM THE CONFERENCE THEY WANTED TO SHARE:

¿Sabías que...?/Did you know...?

- Almost 20% of the US population identifies as Hispanic/Latino, while only 6-7% of physicians and 9% of all healthcare professionals are Hispanic/Latino (Pew Research Center report 2022). Currently 12% of all matriculated medical students in the US are Hispanic/Latino (AAMC 2022). Compare these numbers to 26% of Florida's population identifying as Hispanic/Latino, and 17.8% of physicians being Hispanic/Latino (Florida Department of Health 2022).

¿Por qué estos números importan?/ Why do these numbers matter?

- Racial concordance, the matching of a patient and physician's race/ethnicity, has been shown to improve the likelihood of Hispanic/Latino patients in seeking medical care, adherence to treatment, patient outcomes, and patient provider relationships. Supporting those that are underrepresented in medicine is a way we can reduce future health disparities among patients in these groups.

How can we achieve equitable representation post-affirmative action?

- Mentorship at all levels, from high school to medical school to residency and beyond. Use what you have to help others like you get to where you are. Encourage those Hispanic/Latino high schoolers to go to college, give advice to those pre-meds trying to go to medical school, share opportunities for medical students preparing for residency, give career advice to those residents building their futures, and show support for your fellow physicians to avoid burnout. For students, take advantage of the numerous available opportunities for the underrepresented in medicine that still exist, focus on telling your story of distance travelled to get to where you are, give back to the Hispanic/Latino patient community, and network to find mentors that want to help you succeed.

¿Quiere saber más?/Want to learn more?

- We encourage you to explore available opportunities on the LMSA national website <https://national.lmsa.net/>, and follow them on Instagram [@lmsanational](https://www.instagram.com/lmsanational), as well as the Southeast regional board [@lmsa_southeast](https://www.instagram.com/lmsa_southeast).
- Look into attending the LMSA Southeast regional conference, themed Estetoscopio Latino, Corazón que Escucha, taking place in Charleston, South Carolina on February 23-24, 2024.



Easy "Recetas"

RECIPES FOR BUSY MED STUDENTS

Added This Month: Gazpacho and Tostones

[CLICK FOR FULL RECIPES](#)



Volunteering

OPPORTUNITIES THIS MONTH

At LMSA we are all about giving back! Click below to find the latest opportunities.

[FIND OUT MORE](#)



Upcoming Events

PRÓXIMOS EVENTOS

This Month: Mentoring event with LMSA Plus & Diversity Council Salsa Night on Sunday, October 15th from 2-6pm at MDD 240.

[NEW EVENTS](#)

Contact Our E-Board

President: Gabriela Pinero-Crespo
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Treasurer: Sophia Estrada
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PR Chair: Amberlyn Colina
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How to Support LMSA

DONATIONS AND CONTRIBUTIONS

LMSA @ MCOM is asking for support via donations to kick start the events we plan to have this upcoming year! As a new student organization, we expect to hear back about Student Government interim funding in October/November, so until then we are relying on donations to hold events this semester. You can find more donation information using the following link, and make donations to our treasurer's venmo or Zelle using the QR codes. Any dollar amount is appreciated, and we thank you for your support!



DONATION INFORMATION



zelle

787-361-3081



venmo

Join Our "Grupito"

Click the links below to join LMSA at the University of South Florida Morsani College of Medicine. We are so excited for you to join us!

STUDENTS

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[TEAMS SIGN UP](#)

[JOIN OUR GROUPME](#)

FACULTY

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